

THE Garnet of Casa Grande Lifestyle

ASSISTED LIVING COMMUNITY
510 E 8th Street • Casa Grande, AZ 85122 • (520) 876-4200

JANUARY 2025

Garnet Super Star



Nicole Mallery

Nicole has been chosen to start off the 2025 year as our Garnet Super Star Employee for the month of January. Her career at The Garnet as a Medication/Care Staff Technician began in August 2024. But did you know that Nicole worked here previously? She was a Care Staff Technician from 2019-2021 during the Covid Era. Nicole had built several meaningful relationships with the residents and staff during that time and was happy to find many of those people were still

here and they were able to reconnect. Returning to The Garnet also opened the door for her to make new connections with both the residents and staff of today. Her favorite part of being a member of The Garnet family is getting the opportunity to see all these wonderful residents every day. "I get to greet them every day and be a part of their lives," says Nicole. "Taking care of these special people is so rewarding to me. It gives meaning in my life. I am fortunate enough to spend this time with our residents."

When Nicole is not at The Garnet being part of our awesome Medication/Care Staff Team, she is at home with her family. Nicole has a husband, and 5 children ages 20, 19, 16, 15, and 10. She definitely stays busy—especially since all of the children are into sports. Mostly baseball, but there is also some cheerleading, basketball, gymnastics, and dance in there too.

Congratulations, Nicole, for all that you do! You are greatly appreciated!



Silver Star Resident



Deborah Booth

Deborah, or Deb as she likes to be called, has been part of our Garnet family since July 2024. She LOVES it here at The Garnet and truly feels like this is her forever home. "Every time I sit outside and look at the building, I smile and say to myself, 'This is My Home!'" says Deb. What Deb likes most about being a resident here is the freedom that our residents have. "You

can come and go here. You have freedom—not all places are like that." She also really likes the staff that we have here. "They are so caring and professional. I really love that I get to live here!" says Deb.

Deb's hobby is music. She loves all music and has a broad spectrum of favorite genres. Music talks to her soul and can help her navigate from a rough day to a good day. "Music is everything! I have so many play lists and still find myself creating more."

The love in Deb's life, however, is her great-grandson, Anthony Joseph James Booth, who is 8 months old. He was named for all of his grandfathers. What a sweetheart and Deb is a very proud great-grandma! Congratulations for being our Silver Star Resident for the month of January, and thank you for being a part of our Garnet Family.

















































































































































































































JANUARY 2025

**It's Our
Pleasure to
Serve You...**

**A Note from the Executive
Director**

Have you ever thought about using a calendar as a journal? Wall calendars sometimes arrive free in the mail or can be found at deep discounts after the first of the year. Use each day's square to jot down observations such as the price of gas, the weather, a meal you cooked and any significant things that happen. It's an easy way to record everyday life. Sometimes, days and times begin to melt together and this is a good way to remember what was happening throughout the year. It is also a good way to be able to share this information with our loved ones or doctors. This way everything is right at hand and we know exactly what happened or how you were feeling at a moment's glance. Being healthy of body and mind is very important to our futures, and this is a good habit that can help us all stay healthy of mind and body.

**"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."
—Robert Brault**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 10:00  Free Bingo 12:30  Movie Time 2:30  Longmire Series & Checkers 5:30  Billiards 6:30  Independent SkipBo	2 10:00  Chef's Chat 1:00  Skip Bo Cards 2:00  Concentration 3:00  Heartland Series 5:00  Tommy Thomas-Piano 5:30  Movie Time 6:30  Independent 5 Crowns Cards	3 8:30  Prayers with Lilly 10:00  SkipBo Cards 1:00  Uno Cards 2:00  Craft Day 3:00  Puzzles 5:30  Movie Time 6:30  Independent Mexican Train	4 10:00  Quarter Bingo 1:00  Mexican Train 2:30  Wii Games 3:00  Game of the Day 5:30  Puzzles 6:30  Independent Rummy
5 10:00  Mexican Train 12:30  Movie Time 2:30  Church at The Garnet 5:30  Game of the Day 6:30  Independent 5 Crowns Cards	6 8:30  Morning Meditation 10:00  Quarter Bingo 1:00  Skip Bo Cards 2:00  Craft Day 3:00  Checkers 5:30  Movie Time 6:30  Independent Rummy	7 8:30  Morning Meditation 10:00  Pretty Nails 1:00  Longmire Series & Checkers 2:30  Happy Hour 5:30  Billiards & Checkers 6:30  Independent Mexican Train	8 8:30  Walmart & Shopping 10:00  Free Bingo 1:00  Skip Bo Cards 2:00  Dominos 3:00  Longmire Series 5:30  Movie Time 6:30  Independent 5 Crowns Cards	9 10:00  Uno Cards 1:00  Dominos 2:00  Skip Bo Cards 3:00  Longmire Series 5:00  Tommy Thomas-Piano- Marketing 5:30  Movie Time 6:30  Independent Mexican Train	10 8:30  Morning Meditation 10:00  UNO Cards 1:00  Skip Bo Cards 2:00  Presentation: Brain Games 6:30  Independent 5 Crowns Cards	11 10:00  Quarter Bingo 1:00  Skip Bo Cards 2:00  Wii Games 3:00  Game of the Day 5:30  Games & Puzzles 6:30  Independent Games
12 10:00  Uno Cards 12:30  Movie Time 2:30  Church at The Garnet 5:30  Puzzles 6:30  Independent Dominos	13 8:30  Morning Meditation 10:00  Quarter Bingo 1:00  Presentation: Amazing Dental 2:00  Dominos 3:00  Game of the Day 5:30  Movie Time 6:30  Independent Mexican Train	14 8:30  Morning Meditation 10:00  Pretty Nails 1:00  Independent SkipBo 2:30  Happy Hour-Resident Birthday 5:30  Games & Puzzles 6:30  Independent Rummy	15 8:30  Coffee & Chat-Marketing Event 8:30  Walmart & Shopping 10:00  Free Bingo 1:00  Dominos 2:00  Uno Cards 3:00  Checkers 5:30  Movie Time 6:30  Independent Rummy	16 10:00  Chef's Chat 1:00  Resident Council Meeting 2:00  Dominos 3:00  Puzzles 5:30  Movie Time 6:30  Independent SkipBo Cards	17 8:30  Morning Meditation 10:00  Dominos 1:00  Family Feud 2:00  Craft Day 3:00  Longmire Series 5:00  Victor Jimenez- Guitar Music 5:30  Movie Time 6:30  Independent Mexican Train	18 10:00  Quarter Bingo 1:00  Dominos 2:00  Wii Games 3:00  Game of the Day 5:30  Billiards & Checkers 6:30  Independent SkipBo
19 10:00  Skip Bo Cards 12:30  Movie Time 2:30  Church at The Garnet 5:30  Billiards & Checkers 6:30  Independent 5 Crowns Cards	20 Martin Luther King Jr. Day 8:30  Morning Meditation 10:00  Quarter Bingo 1:00  Family Feud 2:00  Uno Cards 3:00  Longmire Series 5:30  Movie Time 6:30  Independent Rummy	21 8:30  Morning Meditation 10:00  Pretty Nails 1:00  Independent Games 2:30  Happy Hour-Entertainment 5:30  Puzzles 6:30  Independent Mexican Train	22 8:30  Walmart & Shopping 10:00  Free Bingo 12:00  Lunch & Learn-Marketing Event 1:00  Skip Bo Cards 2:00  Family Feud 3:00  Longmire Series 5:30  Movie Time 6:30  Independent Dominos	23 10:00  Dominos 1:00  Uno Cards 2:00  Family Feud 3:00  Checkers 5:30  Movie Time 6:30  Independent Dominos	24 8:30  Prayers with Lilly 10:00  Mexican Train 1:00  Concentration 2:00  Presentation: Brain Games 3:00  Puzzles 5:30  Movie Time 6:30  Independent Phase 10	25 10:00  Quarter Bingo 1:00  Uno Cards 2:00  Wii Games 3:00  Game of the Day 5:30  Puzzles 6:30  Independent Mexican Train
26 10:00  Mexican Train 12:30  Movie Time 2:30  Church at The Garnet 5:30  Games & Puzzles 6:30  Independent Rummy	27 8:30  Morning Meditation 10:00  Quarter Bingo 1:00  Presentation: Card Sharks 2:00  Craft Day 3:00  Game of the Day 5:30  Movie Time 6:30  Independent UNO Cards	28 8:30  Morning Meditation 10:00  Pretty Nails 1:00  Independent Games 2:30  Happy Hour 5:30  Billiards & Checkers 6:30  Independent 5 Crowns Cards	29 8:30  Walmart & Shopping 10:00  Free Bingo 1:00  Concentration 2:00  Skip Bo Cards 3:00  Checkers 5:30  Movie Time 6:30  Independent SkipBo	30 10:00  Uno Cards 1:00  Skip Bo Cards 2:00  Dominos 3:00  Puzzles 5:30  Movie Time 6:30  Independent Rummy	31 8:30  Morning Meditation 10:00  Craft Day 1:00  Uno Cards 2:00  Chair Volleyball 3:00  Longmire Series 5:30  Movie Time 6:30  Independent SkipBo Cards	COLOR KEY  CONNECT  CONTRIBUTE  FEEL  GROW  MOVE  REFLECT All Events are Subject to Change

Year of the Snake

Celebrated in many Asian countries and cultures, Lunar New Year begins on Jan. 29. 2025 is the Year of the Snake, and in the Chinese zodiac, the animal represents wisdom and change.

Happy 90th Birthday, Elvis!

Pay tribute to the King of Rock 'n' Roll on Elvis Presley's birthday, Jan. 8.

Exercise With a Friend

Exercising regularly can help you fight off seasonal colds. But if you need motivation to get moving, get a little help from a friend. Working out with a companion provides encouragement to stick with the commitment.

Curl Up in Comfort

"What a splendid piece of furniture an armchair is. ... During those long winter evenings, it is often sweet and always advisable to stretch out luxuriously in one, far from the din of the crowds." —Xavier de Maistre

Brainteaser

Q: What has one head, one foot and four legs?
A: A bed.



Poe's Famous Poem

January is a meaningful month for Edgar Allan Poe fans. The writer was born on Jan. 19, 1809, and his most famous work—the eerie poem "The Raven"—was published on Jan. 29, 1845. In celebration, relish in these "Raven" facts:

- Needing a talking bird for the poem's storyline, Poe almost went with a parrot but decided the mysterious raven fit the tone better.
- An instant hit, "The Raven" made Poe famous.
- Baltimore's NFL team is named after the poem. Poe spent many years in the Maryland city and is buried there.

Popcorn Pick: 'The Man Who Came to Dinner'

Sheridan Whiteside (Monty Woolley) is a radio personality on a national tour who slips on the ice outside an Ohio businessman's home. Whiteside is forced to recuperate at the home, where he is attended by his assistant, Maggie, played by Bette Davis in a rare comedic role. Whiteside's lifestyle—which includes imported penguins and having criminals to lunch—is disrupted when Maggie falls in love. Whiteside uses nefarious means to keep his life the way he likes it. Jimmy Durante also appears in this fast-paced comedy.

'Movin' On Up ...'

Beloved TV sitcom "The Jeffersons" debuted Jan. 18, 1975. A spin-off of "All in the Family," the show about successful dry-cleaner George Jefferson, his wife and son, and their wisecracking housekeeper ran for 11 seasons.



1/7 Lawrence Williams
1/17 Esther Davidson
1/24 Marceline Dyer



102 Karen Blood
147 Raymond & Susan Mendoza
211 Jenifer Harber
224 Tamara Lamb
236 Debbie O'Rourke



Famous Faces Born in January

Jan. 19, 1946: Dolly Parton
Jan. 21, 1950: Billy Ocean
Jan. 26, 1961: Wayne Gretzky
Jan. 28, 1985: Tom Hopper



The Joy of Bob Ross

In January 1983, viewers first discovered "The Joy of Painting" when artist Bob Ross' show debuted on public TV. For the next 11 years, millions tuned in to watch Ross paint landscapes, and in his soothing voice describe how to create "happy little trees" and "happy little mountains," as well as offer words of wisdom. The pop culture icon and his series continue to be popular with old fans and new. Episodes are broadcast on some PBS stations, as well as on streaming services and the official Bob Ross YouTube channel.